

**GLENPOOL J.H. INVITATIONAL TRACK MEET**  
**7<sup>th</sup> and 8<sup>th</sup> grade**  
**March 28<sup>th</sup>, 2024**

On behalf of the Glenpool Public School System, we extend to you and your teams a sincere invitation to participate in our middle school boys and girls track and field meet. The following will give you the information for the meet.

**ENTRY FEE:** \$80.00 for each boys and girls team. \$20.00 per individual if less than four (4) members on a team. \$40.00 per B team.

**TIME:** All teams report to the Glenpool football field by 8:30 a.m. for coaches meeting. Field events will begin at 9:00 a.m. and timed finals in running events at 9:15 a.m.

**DIVISIONS:** There will be four divisions, 7<sup>th</sup> and 8<sup>th</sup> boys and 7<sup>th</sup> and 8<sup>th</sup> girls.

**LIMITATIONS:** Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one (1) team in each relay. Four (4) throws will be given in the shot and discus, and four (4) jumps in the long jump.

**MEDALS:** Awarded to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> places in all events.

**PLAQUES:** Awarded to 1<sup>st</sup> and 2<sup>nd</sup> place teams.

**TEAM POINTS:** Awarded to 1<sup>st</sup> thru 6<sup>th</sup> places (10-8-6-5-2-1) in individual events and in relays (20-16-12-8-4-2).

**EQUIPMENT:** Glenpool will furnish all starting blocks to contestants. 3/16" or shorter spikes are required.

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**ATTENTION COACHES:** the On-line Entry DEADLINE is: **Wednesday, March 27<sup>th</sup> @ 1pm.** (((The meet will be CLOSED at 1pm!))) No late entries accepted. - - - Schools planning to attend must submit their entries on the ENDURO USA™ website by completing ALL the necessary steps on the "**ENTRIES Window**" – including the "**Verification Step**". If the "Verification Step" is not completed, your students are not entered in the meet. If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions this year. - - - Please log into your ENDURO USA™ account at: [www.endurousa.com](http://www.endurousa.com) - - - If you need assistance with your ENDURO USA™ account, contact [cara@runenduro.com](mailto:cara@runenduro.com)

**PREVIEW window:** Immediately before you depart for our meet, please view our meet's PREVIEW window for any last minute changes that effect the meet. To find our meet's PREVIEW window, click on our meet in the "Student Meets

and Events LIST” (on the right side of the window) after you log into your account.

**Glenpool Junior High Track Meet**  
March 28<sup>th</sup>, 2024  
Order of Events

**Field Events**

9:00 a.m.	High Jump	7G-8G-7B-8B
	Long Jump	8B-7B-8G-7G
	Shot	7B-8B-7G-8G
	Discus	7G-8G-7B-8B
	Pole Vault	7G-7B-8G-8B

**Time Finals**

9:15	400 Relay	7G-8G-7B-8B
	3200 Relay	7G-8G-7B-8B
	100 Hurdles	7G-8G
	110 Hurdles	7B-8B
	800 Relay	7G-8G-7B-8B
	800 Run	7G-8G-7B-8B
	100 Dash	7G-8G-7B-8B

**Proposed Break**

400 Dash	7G-8G-7B-8B
300 Hurdles	7G-8G-7B-8B
200 Dash	7G-8G-7B-8B
1600 Run	7G-8G-7B-8B
1600 Relay	7G-8G-7B-8B

## GLENPOOL JUNIOR HIGH INVITATIONAL TRACK MEET

March 28<sup>th</sup>, 2024

### ENTRY FORM

SCHOOL \_\_\_\_\_ Phone \_\_\_\_\_

COACH \_\_\_\_\_

TEAMS(Check the ones you will have)

7<sup>th</sup> Boys \_\_\_\_\_ 7th Girls \_\_\_\_\_

8<sup>th</sup> Boys \_\_\_\_\_ 8th Girls \_\_\_\_\_

\$80.00 per team or \$20.00 per individual, if less than 4 members on a team. \$40.00 for B teams.

Amount paid \_\_\_\_\_

PLEASE MAIL TO KATHY TYREE  
GLENPOOL SCHOOLS  
PO BOX 1149  
GLENPOOL, OK 740