



## 2023 KEN HOGAN INVITATIONAL

### Hosted By Moore Track

Let me take the time to invite you to the Ken Hogan Invitational meet to be held on Friday March 15<sup>th</sup>, 2024. This has been a great track meet in the past and we look forward to continuing its great tradition. Please consider attending our track meet. **If you wish to attend, you must email me at [stefanseifried@mooreschools.com](mailto:stefanseifried@mooreschools.com) to receive an invitation code to add meet to your schedule (Step #2) on trackroster.com. **We will only allow 10 teams.** This is a **SEEDED ENTRY MEET**, please read all the information below carefully.**

**ATTENTION COACHES:** Schools planning to attend this meet must submit their entries on **ENDURO** by completing Steps 1 - 5 for "Seeded Entries" meets. The entry deadline for this meet is **THURSDAY March 13<sup>th</sup>, 2024 at 5:00pm.**

Entry Fee: \$100.00 per team or \$200.00 for both boys and girls.  
Make checks payable to Moore Public Schools and bring with you or send to

Moore Athletics  
1500 SE 4<sup>th</sup> Street  
Moore, Ok 73160

Event Entries will be limited to three individuals and one relay team per school.

All running events will be timed finals. FAT timing will be provided by ENDURO TIMING SYSTEMS.

Buses need to park in the lot west of the track, by the gym.

Awards will be given to top three in each event along with a team champion and runner up.

Points will be awarded as follows. Individual 10 / 8 / 6 / 4 / 2 / 1  
Relays 20 / 16 / 12 / 8 / 4 / 2



**"The entry deadline for this meet is Thursday March 13<sup>th</sup> 2024, at 12:00pm. This is a Seeded Entries meet."**

Coaches Meeting: 10:00am

Field Events: 10:15am

Running Events: 10:45am

Order of Events

FIELD EVENTS 10:15am START TIME

SHOT PUT GIRLS, BOYS

DISCUS BOYS, GIRLS

HIGH JUMP BOYS, GIRLS

POLE VAULT BOYS, GIRLS

LONG JUMP GIRLS, BOYS

RUNNING EVENTS 10:45am START TIME

4X100 RELAY GIRLS, BOYS

4X800 RELAY GIRLS, BOYS

100m HURDLES GIRLS 110m HURDLES BOYS

100m DASH GIRLS, BOYS

3200 RUN GIRLS, BOYS

4X200 RELAY GIRLS, BOYS

800m RUN GIRLS, BOYS

400m RUN GIRLS, BOYS

300m HURDLES GIRLS, BOYS

200 DASH GIRLS, BOYS

1600m RUN GIRLS, BOYS

Awards for Girls 3200M, Girls 1600M, Boys 1600M

4X400 RELAY GIRLS, BOYS