



West Houston TISCA

Swimming & Diving Championship

Thursday-Friday-Saturday, November 16th-18th, 2023

- LOCATION:** Cypress-Fairbanks ISD Natatorium, 12550 B Windfern Road, in Houston, TX 77064
- FACILITY:** Two 8 lane pools, 9' wide lanes, 7'6" shallow
Two short course lanes available for cont. warm-up
Restroom and locker room facilities
Colorado Gen7 Timing System
Two Full color Colorado Timing System Scoreboards
Paddock surge control gutter system
Stark flow through bulkheads
Two (2) 1-Meter diving boards — Maxi Flex B
One (1) 3-Meter diving board — Maxi Flex B
Concession Stand
- LIABILITY:** TISCA, UIL, and The Cypress Fairbanks Independent School District accept no responsibility nor liability for injuries sustained by any individual, athlete, official, meet volunteer, or spectator while traveling to and from or participating in this meet.
- MEET BEHAVIOR:** It is expected that all persons attending this meet will respect the facilities and remember that they represent themselves and their respective schools/teams. Damage to the facility when proven will cause the offending team to be held accountable and liable for repairs. It may also result in expulsion from the meet.
Remember it is a UIL violation for swimmers to shave down on site.
- SPECTATORS:** Tickets will be available at the entrance for both Preliminaries and Finals. Contestants, bus drivers, trainers, and managers admitted without charge when identified by their coach and entering with the team. Spectators are not allowed on deck at any time.
- ADMISSION:** Prelims: Adults - \$5.00 (\$3.00 students) Finals: Adults - \$5.00 (\$3.00 students)
- DIVE SCHEDULE:** Events 9 & 10 — Girls & Boys 1-Meter, diver will perform eleven (11) dives, five (5) voluntary (*maximum* D.D. 9.0) and six (6) optional (D.D. Requirement: 11.5 both Girls and Boys).
NEW Events 25 & 26 — Girls & Boys 3-Meter, diver will perform six (6) dives, one (1) voluntary (max. D.D. 2.0) and five (5) optional (D.D. Requirement: Unlimited).

Please consult the National Federation of Swimming & Diving Rule Book for choice and order of dives. As per rules, all Divers must be checked in for verification by 9:30 am (3-meter only) and by 2:00 pm.

Thursday, November 16 th – Diving Prelims and Finals	
NEW Warm-Up — 3-meter Divers Only	9:00 am — 10:20 AM
NEW 3-Meter Start Time (Boys & Girls Combined)	10:30 AM
Warm-Up — All Divers (1-Meter)	1:00 — 2:20 PM
Girls' Only Warm-Up	2:20 — 2:50 PM
Girls Start Time — 1-Meter	3:00 PM
Boys Start Time — 1-Meter	30 minutes after the conclusion of the Girls' Event
<i>*Girls and Boys 1-meter diving may be combined depending on number of entries. To be determined by Tuesday AM (November 14th)</i>	



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SWIM SCHEDULE: The swimming competition will be conducted as a prelim/final championship meet. The eight (8) fastest swimmers/relays in each event will qualify for A-Finals. The next eight (8) fastest swimmers/relays in each event will qualify for the B-Finals. Please make sure all scratches for Finals are made within 30 minutes of each event being posted.

Friday, November 17th – Swimming Prelims	
<i>Warm-Up sessions will be assigned after entries are closed</i>	
Warm-Up Session 1	9:30 – 9:55 am
Warm-Up Session 2	9:55 – 10:20 am
Warm-Up Session 3	10:20 – 10:45 am
Warm-Up Session 4	10:45 – 11:10 am
Open Warm-Up Session	11:15 – 11:40 am
Clear Pool	11:40 am
Coaches Meeting	11:40 am
Prelims Begin	12:00 pm

Saturday, November 18th – Swimming Finals	
<i>Open Warm-Ups will be in effect for finals</i>	
Warm-Up	7:30 – 9:45 am
Finals Begin	10:00 am

MEET FORMAT: UIL and NFHS Championship rules will govern this meet. Coaches, please send your entries with your athletes US ID number if they are a USA Swimming member.

ELIGIBILITY: **Each participating team must be a member of the UIL** and have a coach and/or sponsor who is a current TISCA Member. All entered athletes must meet the UIL varsity eligibility requirements.

ENTRIES: Team entries will be limited to UIL Schools and TISCA Members. Each contestant may enter a maximum of four (4) events. No more than two (2) may be individual events (diving counts as an individual event). Each team may enter four (4) individuals and two (2) relays in each event.

- **Each Team is limited to two (2) relay only swimmers.** All other relay participants must be qualified and entered in an individual event.
- All swimmers listed on the entry roster are eligible to compete on a relay.
- When entering more than one relay per event, A & B team members must remain the same for prelims and finals. A & B relays are not allowed to switch their membership from one relay to another.
- Coaches, please send proof of TISCA membership with your entries. Entries will not be accepted from any team without a coach that is a current member of TISCA.
- **COACHES: PLEASE ADHERE TO TIME & DD STANDARDS**

ENTRY PROCEDURE Swimming and Diving entries must be generated by Hy-Tek Team Manager. The event file is located on the TISCA website. Competitors in the diving events must be included in the Team Manager entries. Email all entries to the meet director, Jonathan Mayer, jonathan.mayer@cfisd.net



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DIVE SHEETS: All dive sheets must be submitted electronically. Access www.cleanentries.com to register you, your team and the divers. The meet will be available as "West Houston TISCA".

Dive sheets are due at the same time as the swimming entries are due. However, changes may be made to dive sheets up to one hour before the competition begins.

All diving sheets must be signed by the diver and the coach before the start of the meet: National Federation Rule 9: Section 3: Article 4. Failure to have these signatures will disqualify the diver from the competition. Changes may be made up to one hour before competition begins.

DEADLINE: **All entries and dive sheets must be received by Monday, November 13th @ 4:00 pm.** Coaches should email their entries to the Meet Director, Jonathan Mayer, at Jonathan.mayer@cfisd.net. In the email, attach the Meet Manager File (Hy-Tek or Team Unify) along with the PDF Entry Report, sorted by "Meet Event Number". Include your team name in the subject of the email.

THE TOTAL NUMBER OF SWIMMERS WILL BE CAPPED AT 600. NO LATE/DECK ENTRIES WILL BE ACCEPTED. IT IS RECOMMENDED TO SEND ENTRIES AT LEAST 24 HOURS BEFORE THE DEADLINE.

The Meet Director shall, upon receiving each e-mail, notify the appropriate party of the receipt and any problems noted with the files within 24 hours. This will serve as your confirmation into the meet.

TISCA HY-TEK: Please abide by the following requirements
Directives

- Use the official UIL Team Code (See UIL or TISCA website)
- Use the numeric grade level (9, 10, 11, 12) for each athlete
- Use the school name as the "short name"
- Ensure USS ID is entered and correct

ENTRY FEES: \$8.00 per individual competitor, \$12.00 per relay entered.

i.e.: swimmer in 1 event = \$8.00 or same swimmer in 2 events = \$8.00

Entry fees are based on preliminary psych sheet when published. If, for any reason, a swimmer/diver should fail to compete there will be no refunds. Relay only swimmers (remember only 2 per team are permitted) are required to be on the team roster and pay the competitor entry fee. Entry fees will be calculated based on the total number of athletes on the roster as well as relays entered.

Make Check or P.O. Payable to:
Cypress-Fairbanks I.S.D.
c/o Jonathan Mayer, CFISD Natatorium
P.O. Box 692003
Houston, TX 77269-2003



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Diving D.D (Degree of Difficulty) Standards

Event Number	Girls' D.D.	Event	Boys' D.D.	Event Number
9	11.5	1-Meter – 11 Dive	11.5	10
25	N/A	3-Meter – 6 Dive	N/A	26

Swimming Time Standards

Event Number	Girls' Time (SCY)	Event	Boys' Time (SCY)	Event Number
1	NT	200 Medley Relay	NT	2
3	2:11.00	200 Free	1:56.00	4
5	2:29.00	200 I.M.	2:11.00	6
7	27.50	50 Free	24.50	8
11	1:05.50	100 Fly	58.00	12
13	59.50	100 Free	54.50	14
15	5:50.00	500 Free	5:15.00	16
17	NT	200 Free Relay	NT	18
19	1:07.00	100 Back	59.00	20
21	1:17.00	100 Breast	1:05.50	22
23	NT	400 Free Relay	NT	24

AWARDS: Top three schools in each gender will be awarded. No individual or relay awards will be given.

SCORING: The top 16 shall advance from preliminaries: the fastest (8) to the Championship Finals and the next (8) to the Consolation Finals in each event, scoring will be to sixteen places. The highest place a Consolation finalist may earn is 9th – even if they have a faster time than a top-8 finalist. The point values will be as follows:

Championship Finals (A Finals)

Place →	1st	2nd	3rd	4th	5th	6th	7th	8th
Individual	20	17	16	15	14	13	12	11
Relay	40	34	32	30	28	26	24	22

Consolation Finals (B Finals)

Place →	9th	10th	11th	12th	13th	14th	15th	16th
Individual	9	7	6	5	4	3	2	1
Relay	18	14	12	10	8	6	4	2

Meet Committee: The Meet Committee will consist of the Meet Director, one official, one coach and two swimmers-at-large (one male, one female) in attendance, chosen prior to the start of prelims.



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Meet Administration				
Swim/Dive Meet Director	Jonathan Mayer	Cypress-Fairbanks ISD	Jonathan.mayer@cfisd.net	832-973-8008
Swim Meet Referee	Tom Jones		Tomwjones54@gmail.com	
Dive Meet Referee	Mandy Brush	Cypress-Fairbanks ISD	Mandy.brush@cfisd.net	832-973-8001

OFFICIALS: Swimming and Diving

As per UIL regulations all deck officials must be currently registered with UIL / NFHS.

If you have officials that would like to work the meet, please have them contact the Meet Referee **Tom Jones** by email (tomwjones54@gmail.com). Please provide the following information in your email:

- ✓ School district and school, you are representing,
- ✓ Number of years you have been a high school official and if you are a USA Swimming certified official.

Officials will be contacted if you have been selected to work the meet

Officials will need to attend a mandatory meeting one hour before each session.

- **The uniform for preliminary session will be white polo shirt over khaki pants/skirt with all white tennis shoes (NO shorts or hats).**
- **Finals uniform will be navy blue polo shirt over khaki pants/skirt with all white tennis shoes (NO shorts or hats).**

TIMERS: All timers will be provided by CFISD schools. No parents permitted.

ELECTRONIC RECORDING: Any electronic recording will be permitted in the spectator area (see All American Diving exception). Videotape or film will not be used in judging any swimming/diving event. Please be sensitive to the other spectators. No strobe or artificial lights may be used.

DIVING: Schools may appoint one individual to film/ videotape the diving competition. This person will receive a media pass the afternoon of the diving competition that will give them access to the pool deck. **Coaches need to send a list of those wishing to film in advance so they can get their pass.**

SWIM: There is no flash photography of any kind; parents or media, allowed at the start of a race. The credentialed media must wear the deck pass always while on deck. There is absolutely no photography from behind the starting blocks at any time. Failing to observe these conditions may result in your pass being revoked.

RULES: As guests of the aquatic facilities all must adhere to the rules.

- Coaches must always supervise their swimmers/ divers.
- Locks may not be left on lockers overnight.
- Children must always be supervised and are not allowed on the deck.
- The Natatorium is on school property and all participants/guests/visitors must adhere to the District's policies and regulations.