

### HS Scrimmage Itinerary:

3:45 p.m.	Arrival	
4:30 p.m.	Field available for warm-ups Catoosa - North End Tahlequah Sequoyah - South End Skiatook - South End (While Set 1 is being played on North End)	
5:00 p.m.	Scrimmage Begins (team on the left is on offense first) ** Sets are 10 plays on "O" and 10 plays on "D" Varsity ** Sets are 8 plays on "O" and 8 plays on "O" Junior Varsity	
5:00 p.m.	Set 1: Catoosa vs. Tahlequah Sequoyah	North End
5:30 p.m.	Set 2: Tahlequah Sequoyah vs. Skiatook	North End
6:00 p.m.	Set 3: Skiatook vs. Catoosa	North End
6:30 p.m.	Teams off of field/go to dressing room	
6:45 p.m.	Warm-up for first game	
7:00 p.m.	Half Game One:	Catoosa (Home) vs. Tahlequah Sequoyah
8:15 p.m.	Warm-up for second game	
8:30 p.m.	Half Game Two:	Verdigris (Home) vs. Skiatook