



Cypress Ridge Cross Country 2019



We would like to invite you to attend the "10th Annual Run the Ridge" Cross Country Invitational. The meet will be held on Saturday, August 24, 2019 at Cypress-Ridge High School. Please find more information about our meet below.

Schedule:

Coaches meeting will start at 7:15 am. The first race will start at 8:00 am. All other races will be on a rolling schedule in the following order:

8:00 AM

Varsity Girls Elite (3200 meters) 10 runners
Varsity Boys Elite (3200 meters) 10 runners
Varsity Girls (3200 meters) 10 runners
Varsity Boys (3200 meters) 10 runners
JV Girls (3200 meters) unlimited
JV Boys (3200 meters) unlimited
Freshman Boys (3200 meters) unlimited
Team Awards Ceremonies

Entry Fee:

The race fee is \$50.00 per Division (Ex: \$50 for Varsity team, \$50 for JV team, \$50 for Freshman team). Make checks payable to Cy-Ridge High School. You may pay the day of the race or mail your payment to: Cypress Ridge High School, Attn: Miranda Bussey, 7900 N. Eldridge Pkwy., Houston, TX 77041. If entry fee is received prior to the meet date, no refunds will be given in the event the meet is cancelled.

Registration:

Email confirmation that you plan to attend to miranda.bussey@cfisd.net to register for this meet.

We look forward to seeing you at our meet. Good Luck this Season!

We apologize, but we are not able to accept private school entries this year due to district policy, but all classification of UIL schools are welcome to attend. We ask that the more competitive schools register for the "Elite" divisions so that all teams entered can get into a good race for their team.

Head Boys Coach: Patrick Jacobs
Head Girls Coach: Miranda Bussey

Athletic Director: Andrew Shanle
Principal: Stephanie Meshell
Associate Principal: Emily Francis